

# Visits and Off Site Policy



Little Lambs

NURSERY



SUTTON VALENCE PREPARATORY SCHOOL

This Policy applies to Sutton Valence School (including, as the context requires, the Little Lambs Nursery, the Pre-Preparatory School and the Preparatory School).

Learning Outside the Classroom (LOtC) provides powerful opportunities for young people to develop confidence, learn to live and work with others and respond to challenges.

As a result, our pupils can adapt to changing conditions, solve problems, lead and become increasingly independent. It contributes to the five outcomes within the Every Child Matters framework and is an essential feature of the pupils' development.

Our aim is that pupils will benefit from opportunities to take part in safe, well-managed visits and off-site activities. This document should support everyone who is involved in the planning, management and delivery of visits and off-site activities and to do so in ways which reflect current good practice and our duty of care.

At Sutton Valence Preparatory School we use the EVOLVE Trip and Activity Planning, Approval and Management System to support our internal protocols. EVOLVE services more than 28,000 schools, colleges and youth centres across England, Scotland and Wales and supports their planning and management processes of school trips. EVOLVE also offers a wide range of support materials but most importantly links to National Governing Bodies. (NGBs)

EVOLVE links directly to iSams our management information system which is regularly updated with correct pupil information.

The main source of DfE Advice on organising educational visits used to be the DfE good practice guide,

*'Health and Safety of Pupils on Educational Visits' (HASPEV: HSPV2 1998)*

Other useful sources include:

- *'Standards for LEAs in Overseeing Educational Visits' (2002)* This three-part supplement to HASPEV sets out the functions of the EVC in schools and the levels of risk management that schools could use;
- *'Standards for Adventure'* is aimed at those leading young people on adventure activities;
- *'A Handbook for Group Leaders'* is for leaders of educational visits. It sets out good practice in supervision, ongoing risk assessment and emergency procedures;
- *'Group Safety at Water Margins'* is for organisers of learning activities near or in water, such as a walk along a river bank or seashore, collecting samples from ponds or streams, or paddling or walking in gentle, shallow water.

These documents have recently been replaced by simplified guidelines accessed by the links below:

<http://www.education.gov.uk/aboutdfe/advice/f00191759/departmental-advice-on-health-and-safety-for-schools> (26 November 2018)

<http://www.hse.gov.uk/services/education/faqs.htm>

HASPEV guidelines, although superseded, are useful for staff carrying out risk assessments for higher risk activities. Therefore, a number of extracts from HASPEV inform our policy, as they provide clear and useful procedures that are core to our risk management and contribute to the welfare of our pupils.

This policy also has reference to the Outdoor Education Adviser's Panel and National Guidance advice about the planning and management of trips and visits, including advice on critical incidents (<https://oeapng.info/>)

This policy should be read in conjunction with:

1. The Risk Assessment Policy;
2. Health and Safety Policy.

### **Key elements of the policy:**

At Sutton Valence Preparatory School, the position of Educational Visits Coordinator (EVC) is held by the Deputy Head.

The EVC, must approve all off-site visits and activities. At least one week before the date of an outing the member of staff leading the trip must hand in the completed Outings Form with an attached list of staff duties and a full set of risk assessments. A pre-outing meeting is arranged with the Deputy Head or Head of Pre-Prep present, as well as all the staff going on the trip. A preliminary visit to the venue should be carried out in order to carry out an on-site risk assessment. Probable weather conditions should be taken into account as well as the time of year the trip is proposed for. The trip leader should also take into account the facilities with due regard for the proposed size of the group. They should assess the site's suitability with regard to the age and needs of the children concerned. Venues providing instructor-led activities will have their own risk assessments and these may be adopted if the group leader is unable to participate in the activity beforehand. A detailed letter to parents must be sent via EVOLVE, well ahead of the planned trip.

The letter should include:

- The curriculum aim of the visit;
- Transport arrangements;
- Details about the venue;
- Details about the meeting and collection times;
- Information about how much pocket money should be brought;
- Information about meal arrangements;
- The cost of the trip;
- Clothing and equipment list;
- The SVPS consent statement for trips (Appendix A);
- The trip leader must check that all the completed permission slips are returned.

For residential trips additional questions/information should be added to the EVOLVE form, including:

- Specific medical information pertinent to the trip;
- Request for information about specific dietary needs;
- Emergency contact details
- Passport information for overseas visits;
- Details about an information meetings for parents, to be held well in advance of the trip.

The EVC/group leader needs to assess if those leading the adventurous activity (activity provider) are suitably competent to do so.

Sutton Valence School must hold DBS disclosures for all members of staff or adult volunteers on the visit.

The EVC will ensure that the group has the acceptable staff: pupil ratio necessary for the planned activities

We have a responsibility to ensure that staff and pupils have the appropriate clothing and equipment necessary for the activities proposed. The clothing and equipment should allow for a range of weather conditions.

Electronic (via EVOLVE) or written consent from parents or guardians will be required before the student is permitted to go on any trip that involves pupils leaving the School site. An opportunity for the parent to inform any change of relevant medical details or emergency contact details will be routinely requested as part of this process.

Group Leaders should do all that is reasonable and practicable to include in their trip those students with medical, behavioural or special needs whilst maintaining the safety of the whole group.

Staff on the visit must be aware of the dietary and medical needs of pupils and staff.

Provision of First Aid and arrangements for the use of it must be planned.

All minibus drivers must be DBS checked and qualified, insured and medically fit to drive the vehicle(s).

A clear budget is essential and must include all associated costs.

Insurance cover must be sufficient and suitable to the activities and the venue. Travel companies and Activity Centres often have their own insurance cover and it would be prudent to get a copy to see what is covered in the event of an incident. All that said, the School policy is comprehensive.

The party leader will brief all the adults on the visit. The briefing will include:

- The anticipation of hazards and the nature of the programme;
- The defining of roles and responsibilities of staff;
- The rota of staff on duty, during which time staff must not be under the influence of or consuming alcohol;
- The allocation of supervision to cover the whole time away;
- Arrangements for any remote supervision where applicable;
- The standards of behaviour expected from young people;
- The regular counting of participants;
- How much and type of help to give to pupils in their tasks;
- A list of names of people in sub-groups;
- Emergency procedures;
- Confirmation of receipt, either by email or written, that the accompanying members of staff have read and understood the applicable Risk Assessment.

All the staff should be aware of emergency procedures and will have the relevant emergency and base (School) contact numbers. (All accessible via EVOLVE)

The group leader should arrange for appropriate follow up work and evaluation with pupils after the visit.

The group leader should arrange for a review and evaluation meeting with the EVC within two working weeks of the visit and complete the online evaluation contained within EVOLVE.

Planning for visits and activities must take account of the Special Educational Needs (SEN) and Disability Act, 2001 and The Disability Discrimination Act 2005. Sutton Valence School seeks to anticipate the needs of pupils who are disabled as well as the needs of specific pupils.

## **Health and Safety**

Responsibility for Health and Safety is shared between the parties involved (group leader, expedition provider, centre leader etc.) in managing any work or activity.

The 1974 Health and Safety at Work Act requires that the employer does all that is reasonably practicable to ensure the health, safety and well-being at work of employees and young people, who are affected by their work. This includes activities off -site.

The 1974 Act and associated regulations including The Management of Health and Safety at Work Regulations 1999 require that employers:

- Produce a health and safety policy linked to risk assessment;
- Have in place systems for reporting accidents and incidents;
- Produce and implement risk assessments;
- Develop measures to control those risks including training and providing information;
- Appoint people competent to carry out specific tasks;

- Develop emergency procedures monitor and review procedures and practice.

Under the same legislation employees, including volunteers, should:

- Take reasonable care of their own and others' health and safety;
- Co-operate with their employer over safety matters;
- Carry out activities in accordance with training and instruction;
- Inform the Head, EVC, manager or party leader of any serious risks.

The level of judgment expected of staff is related to that individual's knowledge, experience and training

The Health and Safety Executive HSE has provided a three page document '*School trips and outdoor learning activities: Tackling the health and safety myths*'

<http://www.hse.gov.uk/services/education/school-trips.pdf>

This document states that a common sense, reasonable and proportionate approach should be taken to risk and associated paperwork. It offers guidance on the Health and Safety of pupils on educational visits.

The EVC should work with staff and group leaders involved in off-site activities to help ensure:

- Educational visits follow the policies and procedures of the School and with reference to legislation;
- The management of visits and off-site activities is informed by an appropriate risk assessment;
- Approval arrangements are satisfactory and based on safe practice and clear educational objectives;
- Staff have access to advice and information;
- Leaders and staff meet identified standards and are competent to lead and support particular visits and activities;
- Relevant training, induction and other CPD opportunities are provided;
- Procedures are in place to inform parents and for them to give consent;
- Emergency arrangements are in place for off-site activities;
- The EVC should maintain and manage the internal system to enable review;
- Records of visits, accident and incident reports should be maintained;
- The EVC should review visits with leaders and refine the process on the basis of such reports.

## **Risk assessment**

Every educational visit must be subjected to a risk assessment process. The complexity of the risk assessment, and the method of recording the risk assessment, will vary according to the nature of the visit. In every case, documentary evidence should exist to show that a proper

assessment of the risks involved has been made and precautions identified to reduce the risks to an acceptable level.

At Sutton Valence School an event-specific risk assessment should be completed by the party leader and is unique to each visit. It takes into account the site, individuals within the group and activity specific needs such as the environment, accommodation, travel and transport and the leaders' expertise

The Activity Centres (Young Persons' Safety) Act 1995 applies to many centres, which offer the adventurous activities such as caving, trekking, climbing and water sports to young people under the age of 18. Sutton Valence School will use centres licensed by the Adventure Activities Licensing Service visit [www.aals.org.uk](http://www.aals.org.uk). wherever possible or applicable.

The Adventure Activities Licensing Authority (AALA) has been under threat, but as of September 2019, there have been no changes to the licensing arrangements. Until a decision is made on what the future arrangements will be for safety management, AALA will be retained, though its scope and future delivery mechanism are yet to be decided.

### **Staff: pupil ratios**

The recommended ratios for supervision are as per the HASPEV guidance. Normally:

- One adult to 10-15 pupils in Years 4 to 6;
- One adult to 6 pupils in Years 1 to 3;
- One adult to 4 pupils in Early Years;
- One adult to 10 pupils for all trips abroad.

Any trip will require a minimum of two adults. However, these are requirements, and may provide adequate supervision in all cases. For EYFS children one of them must hold a current Paediatric First Aid qualification.

Where a high adult : pupil ratio is required, it is not always possible to use School staff alone. Parents may be used to supplement the supervision ratio. As parents are not likely to have had a DBS check, they will never be left in sole charge of pupils.

The supervising adults must be briefed with full instructions. Children should also be briefed before leaving for the visit and should be wearing the appropriate clothing for the trip. If wearing School uniform, they must be wearing the regulation items.

### **Supervision**

A coach may act as a group leader and work at some distance from the teacher. The teacher has overall responsibility for the group, but may delegate responsibility for the specialist, technical instruction during the activity.

Young people must be supervised throughout all visits, even though at times and for short periods, they may be unaccompanied by a member of staff or other responsible adult. This is

known as remote or indirect supervision. The aim is to encourage pupils to gain confidence in their own abilities and to work with others.

However, greater care is needed in managing activities which can be demanding and must be based on risk assessment. The group leader must take account of factors such as prior knowledge of the individuals (including their maturity and levels of responsibility), the venue, the environmental conditions, the actual activity, preparatory training, the competence of the supervising staff and emergency systems in place.

The issue of personal security for young people is important and consideration should be given to the need for appropriate supervision.

First Aid should form part of the risk assessment for off-site activities. This will help to determine First Aid qualified staffing and equipment. The School Nurses at Sutton Valence School will provide equipment and give advice. Our guidelines are clear.

Medical information for each child and staff member must accompany the group leaders on all visits. This includes information relating to allergies and required procedures. At Sutton Valence School data capture forms are used and for each visit, parents are given the opportunity to supply additional details.

Miscellaneous medical hazards, such as Weil's disease must be safeguarded against by wearing suitable footwear in water and covering cuts etc. See <http://www.bcu.org.uk/resources-andpolicies/water-quality/-weils-disease-i-leptospirosis/>

Protection from sun exposure should be considered for all off-site activities. This may include head, neck, arm and leg coverings, high factor (SPF 15 or higher) sunscreen, sunglasses and shade. Loose fitting, tightly woven clothing is suitable, as are wide brimmed hats which may need to cover the ears and back of the neck. Drinking plenty of water is important to avoid dehydration.

## **Insurance**

The insurance policy used by Sutton Valence School provides an indemnity against specified risks associated with cancellation, limited personal accident cover, medical expenses, loss of personal effects and legal liability. Each and every member of a school journey party who is either a person involved in full-time education or a teacher or other adult not over 65 years of age is insured. We acknowledge that parents can take out their own personal insurance in addition to this if they so wish.

We recommend all pupils get a European Health Insurance Card (EHIC) to receive necessary healthcare during a visit to a European Economic Area (EEA) country or Switzerland. This entitles access to reduced-cost, sometimes free, medical treatment. It can hasten the hospitalisation process.

## **Transport**



The vehicle and driver must be correctly licensed, including PCV or Section 19 where required, at all times or cover may be invalidated.

Pupils may be taken on School activities or business in cars owned and driven by teachers. Staff should check that their insurance covers the use of their vehicle on School business. Parents must agree in writing to this arrangement.

Solo journeys must be recorded with DSLs (Deputy Head or Head of Pre-Prep as appropriate) in advance of the journey. These will be audited by them.

The exception is in an emergency when recording should take place within the 24 hour period after the event. See the Minibus Policy for required standards of safety such as MOT.

Seat belts must be worn and good standards of behaviour must be observed during all minibus journeys.

If a vehicle needs to stop in an emergency the occupants of the vehicle should remain together under the direct supervision of a responsible adult until assistance arrives. The group leader should normally evacuate the vehicle and move the group to a position behind the safety barrier on a motorway or well away from moving traffic.

Before each minibus journey basic safety items should be checked including; tyres, lights, and windscreen wipers. Vehicle log books must be completed

The driver is responsible for any load carried. There must be uninterrupted access to all doors; luggage and equipment must not block gangways or doors or access to them. Doors must be left unlocked when the vehicle is carrying passengers.

Coaches should only be booked from a company that Sutton Valence School uses regularly whose drivers and safety standards meet our requirements and whose management agrees with our policies.

Teaching staff should observe the following priorities in the event of an accident:

- Assess the situation;
- Safeguard the rest of the party;
- Attend to the casualties;
- Inform the emergency services by calling 999 or 112.

An emergency is difficult to define. It may be a fracture, food poisoning or a fatality, or an illness requiring immediate medical treatment. It may on the other hand be missing children who are soon found or a coach crash in which no serious injuries are sustained.

All SVPS trip leaders are provided with a Critical Incident card detailing our emergency procedures and contact details for the SVPS base contact.

These notes are for guidance and the procedures listed will not all apply to all emergencies:

1. Assess the nature and extent of the emergency;
2. Devolve responsibility as agreed before departure;
3. Make sure all other group members are safe from danger and are looked after;
4. Give first aid and attend to any casualties;
5. Call the emergency services as needed. You might be asked:
  - your precise location;
  - description of the incident;
  - the time of the incident;
  - the number of casualties;
  - the nature of any injuries;
  - the total number in the party;
  - your telephone number;
6. An adult from the party should accompany any casualties to hospital;
7. Supervise and support the rest of the group and arrange for their return to base;
8. Arrange for one adult to remain at the incident site to help or liaise with the emergency services;
9. If the party is abroad, contact the local British consulate or embassy for their support;
10. Contact the EVC, (or other designated member of SMT who is the number one contact for that specific visit). The EVC in association with the Head or Deputy Head will contact parents, the local safeguarding board (if appropriate) and deal with media interest;
11. Keep one agreed contact phone number clear from the time you first report the incident or accident to the School;
12. Write down all details as soon as you can. Include timings;
13. Legal liability should not be discussed;
14. With the help of the EVC or base contact, contact the insurers, especially the medical insurers;
15. Complete and send all required accident forms and reports.

For serious accidents, professional counselling support will be organised by Sutton Valence School

Specific adventurous activities, such as skiing, rock climbing, trekking and water-based activities will require highly detailed risk assessment and specialist and licensed providers must be used. The EVC can provide specialized help. Recourse to higher authority may be sought to enable informed and detailed input.

We are living in exceptional times and the risk of terror attack should also be taken into consideration when planning a visit. Actions for this should be covered in the risk assessment. The Visit Leader Emergency Action Card can be found in Appendix B.

## **Equipment**

On every off-site visit, the following should be taken:

- Clear sets of instructions for parent helpers including an emergency telephone number (usually the School number);
- A first aid kit and bucket;
- School Mobile telephones if you are giving the number to pupils;
- A list of staff and children for each adult;
- Emergency contact details and medical consent forms for residential trips;
- Details of any children with medical and or dietary or specific learning difficulties that could have an impact on the trip;
- Any medication needed by individual children appropriate risk assessments;
- Transport.
- All information is available via EVOLVE.

It is our policy only to use coaches fitted with seat or lap belts, and to insist that they be worn by all those participating in the trip.

Author: J Watkins (Deputy Head)

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## **Appendix A – The SVPS Consent Statement**

The following statement must be included with every EVOLVE consent form sent out to parents:

By agreeing to the arrangements in place, we should be grateful if you would complete the electronic consent below for your child. The consent is for the following:

For your child to participate in the trip and agreeing to the arrangements in place;

For emergency medical treatment and or an anaesthetic to be administered, if needs arise. The School will assume that medical and contact details are as per the data capture form unless you inform us otherwise. You understand that staff members will make every effort possible to contact you in advance of such treatment. Any current medication should be brought on the visit; For giving your consent to share your child’s information, if required, with a third party company. This information may include your child’s name, gender, dietary requirements and medical information.

By consenting to this trip, you are indicating that you understand that the full cost of this trip will be added to the end of term invoices and also that this amount is non-refundable.

Please provide consent by “**insert date**”.

## **Appendix B - Visit Leader Emergency Action Card**

**If an Establishment decides to adopt this ‘card’, it should be carried by all staff accompanying a visit.**

It is recommended that this is printed, laminated, and also placed in first aid kits.

### **Emergency Procedure**

In the event of an incident overwhelming your team’s coping mechanisms, use the following to guide your actions:

- 1 Remain Calm – Assess the situation
- 2 Safeguard yourself and then any other uninjured members of the group.

Make sure all other members of the party are:

- accounted for
  - safe
  - adequately supervised
  - briefed to ensure that they understand what to do to remain safe.
- 3 Delegate Assistant Leaders if possible so you can keep an overview of events and to allow ‘concurrent’ activity.
  - 4 Call emergency services as appropriate.
  - 5 Carry out first aid to the best of your abilities. Remember the aims of first aid are to
    - a. Preserve life
    - b. Prevent the condition worsening
    - c. Promote recovery

Essential First aid:

1. casualties need to be able to breath – if they are unconscious this means being put into a safe airway position.
2. you need to try to find and stop any serious external bleeding
3. you need to protect the casualty from the environment - keep them warm
4. Monitor their condition, talk to them, reassure them, hold their hand and provide emotional support

### Once the immediate situation is contained:

- Inform the school/Establishment Emergency Contact or, if unavailable, your Employer (e.g. the Local Authority) Emergency Contact. They will need the following information:
  - Who you are, which Establishment you are from and what your role is within the group
  - What number can you be called back on?
  - What is the nature of the emergency?
  - How many casualties there are and their status
  - The total number of people in your party
  - Your current location
  - Whether you are staying where you are or moving – if you are moving where to?
  - What time did the accident/incident happen?
- Liaise with, and take advice from, emergency services if they have attended the scene.
- Consider the physical needs of the group and casualties in terms of shelter, refreshments, transport/repatriation.
- Consider the emotional needs of the group such as removing them from the scene, providing emotional support (they can often do this for each other), giving them useful things to do.
- Control communications - prevent group members from using phones or going online unsupervised or until approval is given.
- Keep a written log of all actions taken, conversations held and a timescale.
- Refer all media, parental or other enquiries to your employer's press office.
- Inform the Foreign Office Consular Assistance Team if abroad.

### Emergency Numbers

Name	Telephone	Mobile
<b>My telephone number</b>		
<b>School/Establishment</b>		
<b>Nominated base contact</b>		
<b>Head/Manager</b>		
<b>Employer (e.g. LA) (office hours)</b>		
<b>Employer (out of hours)</b>		
<b>Emergency Services (if travelling abroad)</b>		
<b>Foreign Office Consular Assistance</b>	<b>+44 20 7008 1500</b>	